

Dear Friends,

What a great winter we had! Just before Alta's 75th anniversary opening, Mother Nature brought in a 51-inch lake-effect storm and got things off to an exciting start for powder hounds.

We started the season with Chef Sam Wolfe taking the helm in the kitchen and bringing many additions to the menu, to the delight of Alta Lodge guests. Entrées such as Braised Moroccan Spiced Lamb Shank in Tomato Red Wine Sauce; Pappardelle Pasta with Manila Clams and Baja Shrimp in Garlic White Wine Sauce; and Kurobota Pork Osso Bucco were all very well received throughout the season.

The good snowfall in November and December laid down a base that made the skiing all winter so nice. Spring-like weather teased us a little in February, but we weren't fooled—winter always sticks around for a few more months. More and more snow came in March and April, and at the end of the season, once again there was a base of over 100 inches! Would you expect anything less from Alta?

Summer's here with over 200 varieties of wildflowers and so much to enjoy, but our favorite season in Alta is winter and before we know it, we'll be seeing you again. So mark your calendar: our planned 2013-2014 ski season dates are November 22 through April 20.

- Mimi, Marcus & the Alta Lodge Family

Top Ten Tips for an Alta Lodge Ski Vacation

1. Plan early, for the best choice of rooms and dates
2. Watch for the best snow and weather, and book a last minute trip
3. Bring your ski boots, travel light, and rent the perfect demo skis for the day's conditions
4. On a powder day, be in the Collins lift line early – and save a spot for your sweetie
5. If it hasn't snowed overnight, get to the Collins lift early and take a couple of corduroy laps in the sun while the mountain is quiet
6. Make new friends and ski buddies dining at a group table
7. Ask for an intimate table for dinner, just for the two of you
8. Read that book you never have time for at home
9. Ski, eat, sleep and repeat
10. Book next year's stay before you check out, at this year's rates!



News

Alta's Traditional Mountain Lodge

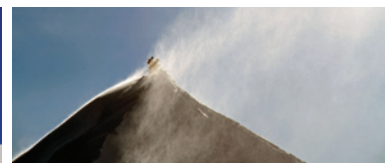
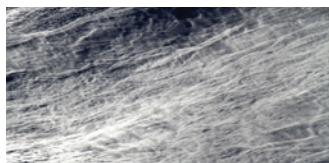
Volume 1, Issue 8, 2013-2014

YES, We Do Have 100 Words for SNOW

The popular belief that there are a hundred words for snow in the Inuit language has led to some controversy, and has even been called urban legend by some doubters. Alta, however, is the world mecca of powder skiing, and our language really does have a hundred words for snow. The rules of our game allow nouns, verbs and adjectives, for conditions, features, terrain, etcetera, of the white stuff... and so here are our hundred words for snow, in the Alta language.



- | | | | | | |
|----------------|-------------------|-------------------|---------------------|--------------------|------------------|
| 1. Bed Surface | 18. Corduroy | 34. Dust on Crust | 51. Lake Effect | 67. Rain Crust | 84. Sludge |
| 2. Blizzard | 19. Corn | 35. Facets | 52. Mank | 68. Recrystallized | 85. Sluff |
| 3. Blower | 20. Cornice | 36. Firm | 53. Mashed Potatoes | 69. Rime | 86. Slush |
| 4. Boilerplate | 21. Creamy | 37. Flakes | 54. Metamorphic | 70. Ripples | 87. Snow (hello) |
| 5. Bony | 22. Crud | 38. Fluff | 55. Moguls | 71. Roly Poly | 88. Soft Pack |
| 6. Bottomless | 23. Crust | 39. Flurry | 56. Needles | 72. Rollerballs | 89. Spindrift |
| 7. Buffed | 24. Crystals | 40. Freshies | 57. Nève | 73. Sastrugi | 90. Stellar |
| 8. Bulletproof | 25. Dank | 41. Gnar | 58. Nuking | 74. Scratchy | 91. Styrofoam |
| 9. Bumped Out | 26. Death Cookies | 42. Grabby | 59. Orographic | 75. Showery | 92. Sugar |
| 10. Butter | 27. Debris | 43. Granules | 60. Pellet | 76. Skied Out | 93. Sun Cups |
| 11. Carvy | 28. Deep | 44. Graupel | 61. Pillows | 77. Skiff | 94. Surfy |
| 12. Cement | 29. Dendrites | 45. Groomer | 62. Pounding | 78. Slab | 95. Surface Hoar |
| 13. Chalky | 30. Depth Hoar | 46. Hard Pack | 63. Pow | 79. Sleet | 96. TG Crystals |
| 14. Champagne | 31. Drifts | 47. Heavy | 64. Powder | 80. Slick | 97. Trace |
| 15. Chunder | 32. Dumping | 48. Hero | 65. Puffy | 81. Slide | 98. Wind Buff |
| 16. Cold Smoke | 33. Dusting | 49. Ice | 66. Puking | 82. Slippery | 99. Wind Crust |
| 17. Concrete | | 50. The Kind | | 83. Slope | 100. Wind Slab |



To add your own words to the list, please visit the Alta Lodge Facebook page and tell us your words by November 1, 2013. We'll have a ball cap for every Alta Lodge friend who contributes a new word that makes the list!

Photos: Nick Rice and Billy Haas



PERFORMANCE Ski Camps

**DECEMBER 8-12, 2013,
FEBRUARY 10-14, 2014,
APRIL 6-10, 2014**

These advanced-to-expert level ski camps are for skiers who want to take their skiing experience at Alta and Snowbird to a new level. Led by ski coaches Stephen Helffenbein and Dr. Collin Bywaters, skiers sharpen their all-mountain ski tactics and techniques on expert terrain. The camp takes a progressive approach to coaching skiers off the hill as well, instructing them in dry land training for better skiing fitness. The small ratio, two coaches for eight participants, allows for individual attention to each skier.

Stephen and Collin have developed an innovative coaching system that builds all-mountain confidence and versatility. The camp is designed for advanced skiers seeking to move to the next level. Goals include:

-reading the terrain and conditions for ideal line selection

-skiing an entire line without interruption

-learning how to use your skis in different snow conditions

-using turn shape to attack the hill while maintaining speed control

-understanding how to attain the best skiing fitness

INCLUDES:

- four nights lodging, full breakfast and dinner daily
- three days ski coaching
- two Alta passes, and one Alta-Snowbird pass
- dry land training sessions
- high-end demo skis
- tax and Lodge service charge

ARRIVE: December 8 / February 10 / April 6

DEPART: December 12 / February 14 / April 10

DECEMBER/APRIL RATES:

- \$2,015 per person, double occupancy
- \$2,382 single occupancy

FEBRUARY RATES:

- \$2,247 per person, double occupancy, standard room
- \$2,845 single occupancy

SKI ADVENTURES

Alta Lodge Ski Adventures are a total immersion skiing experience, allowing skiers to pursue their goals of progressing to another level of skiing, while experiencing new adventures, all in the company of like-minded skiers staying at the Lodge. These multi-day programs are with instructors from Alf Engen Ski School or guides from Utah Mountain Adventures, who will be with the group on the mountain and in the evening.

The Wasatch Mountains provide some of the best and most accessible backcountry skiing and snowboarding in the world. With guides from Utah Mountain Adventures, Alta Lodge is the launch point for two backcountry clinics. These clinics are aimed toward those who want to build their backcountry skills and experience the legendary wild snow of Little Cottonwood Canyon. Whether you are new to the backcountry or an experienced ski tourer, these clinics offer guided touring in the Wasatch, based from the comfort of the Lodge. The clinics also offer the option to rent gear. The program includes three guided days in the backcountry, as well as instruction on avalanche awareness, beacon rescue, safe route selection, efficient climbing on skins, and downhill techniques. Weather and snow conditions will determine routes. Guide to client ratio is 1:3. Ability Level: intermediate to expert; should be able to ski or snowboard on non-groomed snow. Fitness: should exercise routinely.

Consider coming a day or two before the clinic to acclimate. Want more information? Visit altalodge.com "Ski Adventures" to view a video of backcountry skiing in the Wasatch Mountains and to see a gear list and itinerary.

INCLUDES:

- four nights lodging, full breakfast and dinner daily
- lunch on backcountry days
- three guided days in the backcountry with instruction
- March clinic includes five yoga sessions
- tax and Lodge service charge

ARRIVE: January 5 / March 2

DEPART: January 9 / March 6

Backcountry Skiing & Splitboarding Clinic

JANUARY 5-9, 2014 & MARCH 2-6, 2014



Photo: Nick Rice

JANUARY RATES:

- \$1,976 per person, double occupancy, standard room
- \$2,574 single occupancy

MARCH RATES:

- \$2,091 per person, double occupancy, standard room
- \$2,689 single occupancy

POWDER TRACKS SKI CLINIC

JANUARY 11-16, 2014

"Fabulous instructor and my skiing moved up several notches!"

—Joan R.

"Instructors were excellent—on and off the snow."

—Denise T.

Alta is known as a powder skier's paradise, and if you have discovered that paradise and want to improve your skiing, Powder Tracks can help you do it. Now in its twelfth season, the successful program combines lodging and meals at Alta Lodge, off-trail ski instruction from Alf Engen Ski School in Alta's legendary terrain, and demos of the newest powder skis from the Deep Powder House. Skiers meet the evening before the clinic begins for introductions and orientation, and then spend the next four days building their skills and exploring the mountain. The clinic is for intermediate and advanced level skiers. The group meets for breakfast, après ski and dinner.

INCLUDES:

- five nights lodging, full breakfast and dinner daily

- four days of instruction
- three Alta passes and one Alta-Snowbird pass
- high-end demo skis
- tax and Lodge service charge

ARRIVE: January 11

DEPART: January 16

PRICE:

- \$2,880 per person, double occupancy, standard room
- \$3,628 single occupancy



Photo: Nick Rice

CHEF'S CORNER

According to Oscar Wilde, "talent borrows, genius steals." When dining at other restaurants, I cannot help but regard their offerings with a larcenous eye. My latest acquisition has been Kale Caesar Salad. We've served it at Sunday buffet and have received enough recipe requests to feature it here.

KALE CAESAR SALAD (serves 8 – 10)

1-2 bunches Kale, sliced in thin strips, parallel to the stalk. Do not include any stalk.

½ head Romaine lettuce, sliced in strips of similar length and thickness as the Kale.

CAESAR DRESSING

*1 cup mayonnaise
1 ½ teaspoons of anchovy paste
1 teaspoon Dijon mustard
⅓ cup lemon juice
1 ½ teaspoons finely minced garlic or garlic powder
1 teaspoon Worcestershire sauce
1 cup olive oil
salt and white pepper
Parmigiano-Reggiano cheese*

In a bowl, whisk the first six ingredients together. Taste and adjust. Too sharp, add a little more mayo. The lemon juice will swing it the other way. Personally, I like loads of garlic. If the flavor seems strong, don't worry. The next step is to slowly whisk in the olive oil. Finish with salt and white pepper. You are now ready to compose your salad. In a mixing bowl, add a few dollops of the dressing to your greens. Using tongs, I like to twirl it into mounds. The dressing holds it together nicely. On the plate it resembles a little haystack. Garnish generously with grated Parmigiano.

- Chef Sam Wolfe

MORE SKI ADVENTURES

If you would like to try additional ski adventures on your own, our Reservations staff or Manager on Duty can assist you with making arrangements. Ski adventures are always dependent on weather and snow conditions!

INTERCONNECT TOUR

Ski Utah offers the advanced skier a unique opportunity to ski as many as five resorts in a single day. Guides lead skiers through the spectacular backcountry of the Wasatch mountain range as well as several runs in the ski resorts. A four-area tour begins at Snowbird and includes Snowbird, Alta, Brighton and Solitude. This tour is not for the faint of heart! The trip requires some walking and traversing, and the ability to ski in unpredictable off-trail snow conditions. The tour operates from mid-December through mid-April, conditions and weather permitting. More information: skiutah.com

WASATCH POWDERBIRD GUIDES

Experience the dream of a lifetime with helicopter skiing and snowboarding in the scenic backcountry of the Wasatch Mountain range. Prices vary depending on time of year and number of skiers.

More information: powderbird.com

SNOW CAT SKIING

Alta Ski Area offers a unique skiing adventure of guided off-trail skiing on those superb powder days in the Grizzly Gulch Bowl, located above Alta. A special snowcat with heated cabin takes skiers to an elevation of 10,500 feet. Your playground is 375 acres of incredible bowl skiing, dropping to an elevation of 9,000 feet. Prices are \$325 per person for five runs.

Call Alta's Alf Engen Ski School at 801-799-2271 for information and reservations; or visit alta.com.

UTAH MOUNTAIN ADVENTURES

Experienced ski and mountain guides are available for alpine ski tours in Utah's spectacular backcountry or for climbing the frozen waterfalls of the Wasatch. Instruction and guided activities are offered to individuals and groups of all levels of physical ability. More information: utahmountainadventures.com

George Fett...NEVER BETTER!

Returning Alta Lodge guests will recognize Assistant Manager George Fett, who keeps everything running smoothly at the Front Desk. George has been Front Desk Manager since 2002 and is a key person to making things tick at the Lodge.

George grew up in Woodstock, Georgia, and before coming to Alta, spent three seasons in Grand Canyon and Sequoia National Parks as a Backcountry Ranger. George arrived in Alta in November 1998, driving a 1968 electric blue Cadillac Sedan DeVille he had restored himself, and looking to add "learn to ski" to his life list.

In 2004, while he was working full-time at the Lodge, George earned a BS in Anthropology, with honors, from University of Utah. George is a wizard with schedules, spreadsheets and the Lodge's property management and point of sale systems, and is always finding ways to improve organization at the front desk so desk staff time is freed up for attention to our guests.



Wilderness travel is always on the list. In 2012, along with Lodge Maintenance Manager Allan Hilton, George rowed the Colorado River through the Grand Canyon. This fall, he will be trekking in Nepal on the Annapurna Circuit and to Everest Basecamp, before returning to Alta for the winter season. Closer to home, here in the Wasatch, you can find George mountain biking, ski touring, and of course, skiing Alta.

Next time you see George at the Front Desk, ask him how it's going. He'll probably say, "Never better... thanks for asking!"

FRIENDS OF ALTA



Friends of Alta, a 501(c)(3) non-profit, is Alta's local land trust. The mission of Friends of Alta is to protect the environment of Alta, including watershed and wildlife habitat areas; to preserve Alta's unique character and heritage; and to encourage stewardship and sustainability of Alta's environment and community.

Friends of Alta proactively works to acquire undeveloped privately owned land in Albion Basin. As a land trust, FOA uses conservation easements to protect these lands in perpetuity as open space for watershed and wildlife habitat values, as well as for the next generation. There are also regular assaults on the Town of Alta's protective zoning regulations that drain the Town's resources and threaten the watershed and prized landscape that FOA is trying to protect. FOA provides financial aid to the Town for defense of their protective regulations.

As part of their Summer Stewardship Program, FOA and other partners have been removing invasive plant species to protect Alta's spectacular wildflowers and native vegetation. Other stewardship efforts include restoration of native vegetation and tree and seedling plantings. The "Bill Levitt Fellow," Chris Cawley, has been tirelessly pulling invasive species as well as serving as a host for visitors to the Albion Basin, providing information on the local environment and best practices for recreation in the watershed.

A donation to FOA is an investment in Alta's future. For more information and news, or to make a tax deductible donation to support FOA's efforts of protecting this one-of-a-kind environment, please visit friendsofalta.org.

ALTA IS FOR WOMEN WHO SKI!

Some of our most popular ski adventures have been the Alta Lodge women's camps, developed with Alta Ski Area as a way for women to combine their passion for Alta skiing with a fun getaway with the girls. Women have had such a great time at these camps that many of them come back every year with girlfriends or family. We have two camps scheduled for in-

termediate to advanced skiers, and if you're an advanced to expert skier, we also have a women's camp especially for you. "Many women come back each season for the camps, and we are at a point where a lot of them are now ready for our advanced to expert ski camp," says Jen Scott, special programs manager for Alta Ski School.

Women's Ski Camps

FOR INTERMEDIATE TO ADVANCED SKIERS

JANUARY 23-27, 2014 & MARCH 6-10, 2014

Now in its seventh season, this popular ski camp grows every year with enthusiastic women skiers from across the country. Instructors from Alta's Alf Engen Ski School show participants the secrets of skiing Alta's legendary terrain and snow. Camaraderie in the Lodge includes après ski at the Sitzmark Club, group dining and a special presentation on women's skis from the Deep Powder House. The camp is for intermediate to advanced skiers. Consider coming early or staying longer for extra ski days.

"I thought the instruction was exceptional. All instructors were friendly, enthusiastic, supportive and fun to be around." —Martha F.

INCLUDES:

- four nights lodging, full breakfast and dinner daily
- three days of ski instruction
- two Alta passes and one Alta-Snowbird pass
- high-end demo skis
- tax and Lodge service charge

ARRIVE: January 23 / March 6

DEPART: January 27 / March 10

RATES:

- \$2,247 per person, double occupancy, standard room
- \$2,845 single occupancy



Photo: Nick Rice

FOR ADVANCED TO EXPERT SKIERS

FEBRUARY 24-28, 2014

Are you ready for some steeper runs and off-trail slopes? This program will teach advanced skiers the techniques to ski steeper lines confidently in all conditions. If you are a dedicated skier, comfortable skiing black diamond terrain (on and off-trail) and are excited to fine-tune your skills on steeper terrain and variable snow conditions, this program is for you.

INCLUDES:

- four nights lodging, full breakfast and dinner daily
- three days of ski coaching
- two Alta passes and one Alta-Snowbird pass
- high-end demo skis
- tax and Lodge service charge

ARRIVE: February 24

DEPART: February 28

RATES:

- \$2,247 per person, double occupancy, standard room
- \$2,845 single occupancy



Photo: Nick Rice



LODGE REGULARS: The Kuberts

Alta Lodge regulars, at any time of winter, have probably met David and Peggy Kubert and their kids. David is an unrepentant powder hound and is always angling for the family's next Alta trip. The Kuberts usually make it to Alta at least two or three times a year.

David's first trip to Alta was in 1965, at the age of 12. David's dad Joe brought the family to Alta Lodge after David had pointed out a Sports Illustrated cover featuring Alta powder skiing. On that trip, it stormed and never stopped storming. Alta picked up 48 inches of new snow, and David was hooked on Alta for life. Sugarloaf lift had not yet been built, and a run on Alta's backside was considered a wilderness venture. Alta day passes cost \$5.50. With Snowbird in the early stages of development, Ted Johnson was offering helicopter rides to the top of Hidden Peak at a price of \$5. David's father considered the \$5 heli lift "conspicuous consumption."

David and Peggy married in 1979, and Peggy had her first taste of Alta in 1982, after a trip to Squaw Valley was cut short due to lack of snow. That first trip may have been a little rough for Peggy, but in the years since, she has become an expert skier and loves returning to Alta. The Kubert kids Joe, Kate and Jon have grown up skiing Alta, and have become strong skiers through their training in Alta's Alf Engen Ski School. Joe and Jon have also had their share of eastern skiing at Dartmouth, and Kate, attending University of Denver, has been skiing the Colorado ski areas... but Alta is still the home ski hill. Joe, Kate and Jon keep in touch with a wide network of friends they've met over the years in Alta Lodge Kids' Club and Alf Engen Ski School.

David and Peggy live in Winnetka, Illinois, and both earned degrees from Northwestern and University of Chicago. David is a mortgage banker in Chicago, and Peggy is executive director of Erika's Lighthouse, a nonprofit organization fighting teen depression. As well as skiing, David enjoys saltwater fly fishing, whitewater kayaking and road cycling, and Peggy enjoys yoga, hiking, biking and learning to play golf.

David says he's just as excited arriving at Alta Lodge today as he was at age 12: "the top of the stairs at the Lodge is the gate to Alta Magic." Traveling from Chicago, David can be at the Lodge by 10 am. The Lodge dining room, with its convivial atmosphere shared with new and old friends, feels like home. Over the past 48 years, David has skied some

Summer at the Lodge

Summer in Alta is cool and green, with over 200 varieties of wildflowers, mountain lakes, starry nights and beautiful days. We host academic and business retreats, private parties and outdoor summer weddings. The Lodge's fine food, calm

mountain setting and attentive personal service are perfect for group events, and many returning guests also look forward to annual summer events such as the Writers at Work Conference, Yoga Retreats, and Knitters' Retreat.

Conferences, Meetings & Retreats

Imagine your next meeting in a mountain setting with natural light, fresh air and incredible views. We host meetings for businesses, nonprofits, academic institutions and more, with group sizes from 10 to 80 people. Larger groups can book the entire lodge for an exclusive meeting or retreat for participants. We can arrange for guided outdoor activities such as hiking, photography and rock climbing. Our attention to detail and beautiful location make Alta Lodge an ideal place for meetings and retreats from June through October.



Weddings

Beautiful weddings in a spectacular mountain setting are especially romantic and unforgettable. The intimate and private setting, combined with easy access from Salt Lake City International Airport, make the Lodge an easy choice for brides and grooms. Special lodging rates apply for wedding guests. A Friday night rehearsal dinner and Sunday Brunch are great additions for a festive weekend. Our on-site wedding coordinator helps plan and host the rehearsal dinner, ceremony, reception, dining, wedding cake and beverage service. A complimentary wedding night stay is included for the bride and groom.



For weddings, conferences, and private parties, contact:

**Rosie O'Grady at 801-742-3500
or rosie@altalodge.com.**

Private Parties

Alta Lodge customizes every private party to the needs of the event. Family reunions, business dinners, engagement and anniversary parties are just some of the parties held at the Lodge. If you have a special event coming up, our dining, service and setting will make it memorable.



form of fresh snow on every Alta trip, and has learned just about every ski technique ever invented. David says, "Skis do what they are supposed to do on Alta snow." As skis and skiing have evolved, David now skis about twice as fast as he did at age 35, with half the effort: "Usually that's a little too fast..." David's favorite run is Eddie's High Nowhere, while Peggy prefers the groomers topped with about 4 inches of fresh 4 percent Alta powder. Once in a while, David skis his favorite "virtual run," the ULFT – the Ultimate Left Foot Traverse – from the top of Wildcat to West Rustler. As David reminds new and old Alta skiers... "Welcome to Alta... anywhere else, you'd be good!"



Free Kids' Club

Family ski vacations have a long tradition at Alta Lodge, in some cases going back several generations. The Lodge is a comfortable, relaxed environment for families. Our Kids' Club, offered at no charge to Lodge guests, is especially suited for kids ages 4 to 11, but all ages are welcome. (Kids under the age of 4 do need to be accompanied by an adult.)

The Kids' Club offers the following:

- *morning and afternoon shuttle to and from Alta Ski School and Day Care*
- *after-ski activities*
- *special kids' dinner at 5:30 pm*
- *activities after dinner*
- *special holiday crafts and activities*

If your children are not yet old enough to participate, babysitting can be arranged through the front desk; advance notice is recommended.

THANKSGIVING TRADITION

Spending Thanksgiving Day on the mountain has become a tradition for many who stay at the Lodge for the extended weekend. The early season skiing at Alta is a relaxing time of year for skiers. Typically, from Opening Day until the Christmas holiday season, the mountain is quieter and we have the feeling of being at our own private ski area. Chef Sam Wolfe and staff prepare a traditional Thanksgiving evening dinner. Roast turkey with pan gravy will be accompanied with house-made soup, dressings and sauces, seasonal vegetables and a special dessert. A full wine list is available. Our four-day Thanksgiving package includes lodging, breakfast and four-course dinner daily. \$1,800 for two people, including tax and service charge. During this early season period, two children ages 12 and under can stay in their parents' room, with breakfasts and dinners included, at no additional charge. This is a savings of over \$200 per day!

"We just got back from a one week stay at Alta Lodge and can't wait to go back next year. This was our first time at Alta Lodge and we loved it." —Bernadette, 2013

Certificate of Excellence

2013 WINNER



Alta Lodge

For the second consecutive year, Alta Lodge has earned a Certificate of Excellence from Trip Advisor. This award is earned by only 10% of all businesses on TripAdvisor. We thank our guests for their wonderful reviews and our staff for providing exceptional service.

Please go to tripadvisor.com to review Alta Lodge and share your experiences with other travelers!

altalodge.com

801-742-3500

reservations:

800-707-alta (2582)

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