

2009: Epic Spring Powder

Another snowfall stunner came to Alta this season. As of March 21, we had received 445 inches at mid-mountain – a record year at most ski resorts; about average at Alta. Here at the Lodge, we had made plans for a Spring Celebration, with lunches on the deck and a complimentary picnic lunch on the mountain – weather permitting. The Wasatch weather gods had other plans. On March 22, it snowed 9 inches, beginning a 27-day stretch of cold powder storms that dumped a total of 231 inches on Alta, with a succession of one “best-ever” ski day after another. By closing day on April 18, Alta had seen 676 inches of snowfall, and still had a 160 inch base at mid-mountain. Spring Celebration will have to wait until 2010!



Photo: Lee Cohen

Kids Stay Free

**NOVEMBER 21 -
DECEMBER 11, 2009 and
APRIL 3 - 18, 2010**

Families like this, and so do we! This year we are again offering free lodging and meals for kids during early season and spring season. Two kids (ages 18 and under) stay in their parents' room with no additional charge for lodging, breakfast and dinner. A four-night minimum stay applies. Make plans now for a great family getaway at the Lodge.

PRICE: \$895 per adult, double occupancy
\$1,371 per adult, single occupancy

Tax and service charge included.



News

Alta's Traditional Mountain Lodge

Volume 1, Issue 4, 2009-2010



Photo: Todd Keith

50 Years of Levitt-ation in Alta

In February 2009, the Levitt family celebrated 50 years of Alta Lodge ownership and management. Bill Levitt came to Alta in 1954 to learn to ski. By 1956 Bill had built a home in Alta, and by 1957 he was teaching skiing at Alta Ski School. Bill bought the Lodge in 1959. Back then, the Lodge had 14 rooms, the small original dining room and the Sitzmark Bar. During the 1960s, Bill expanded the Lodge with the addition of the middle wing and the east wing, bringing the guest room total to 57. Additional expansions have included the kitchen, dining room and hot pools. Most recently, the lobby and deck room were remodeled in 2007.

In the meantime, much more was happening. Bill and Mimi met in Alta, fell in love and married. Snowbird Resort opened in 1971. The Town of Alta was incorporated in 1970, and Bill Levitt became Mayor, and ultimately the longest consecutive-term mayor in the state of Utah. In 1983, Mimi Levitt, Dr. Max Wintrobe and Lloyd Bliss

founded the non-profit Alta Defense Fund, which later became Friends of Alta, to lead efforts to preserve Albion Basin and Alta's open spaces.

Many things are pretty much the same since Bill bought the Lodge. The Levitt family still manages day-to-day operations of the Lodge, ensuring fine food and personal service. Maintaining the mountain lodging tradition, there are no TVs in the guest rooms. That is contrasted with free wireless internet access throughout the Lodge.

The Levitt family and the Alta Lodge staff are committed to maintaining the traditions of the Lodge, so that long-time guests will continue to feel at home and new guests will feel welcome on their first day at the Lodge. In Bill's words, "So many people have been coming to Alta for so long that it has become their home away from home. It's important we help them maintain that feeling when they come here."

The Wasatch Mountains provide some of the best and most accessible backcountry skiing in the country. Alta Lodge is the launch point for three backcountry ski clinics for the 2009-2010 ski season. Led by guides from Utah Mountain Adventures, these clinics are aimed towards skiers who want to build their backcountry skills and experience the leg-

endary wild snow of Little Cottonwood Canyon. If you are new to backcountry skiing, the clinic is an ideal introduction and includes the option to rent gear. The program includes a day of skiing on your own to

acclimate, two days of guided skiing, and instruction on avalanche awareness, beacon rescue, safe route selection, efficient climbing on skins, and downhill skiing techniques. Weather and snow conditions determine ski routes. For ages 14 and older. Price includes tax and service charge.

INCLUDES:

- Four nights lodging
- Breakfast and dinner daily
- Sack lunch on backcountry days
- Two days guided skiing and instruction
- One Alta lift pass

ARRIVE: Wednesday, December 10, 2009 / January 7, 2010 / April 8, 2010

SKI DAYS: December 11 / January 8 / April 9: ski on your own at Alta to acclimate
December 12, 13 / January 9, 10 / April 10, 11: ski with guide

DEPART: Sunday, December 14 / January 11 / April 12

Backcountry Skiing Clinic

**DECEMBER 10-14, 2009 JANUARY 7-11, 2010
APRIL 8-12, 2010**

SKI LEVEL: intermediate to expert; should be able to ski on non-groomed snow

FITNESS: should exercise routinely

DECEMBER

PRICE: \$1,378 per person, standard double room
\$1,004 per person, dormitory room

JANUARY

PRICE: \$1,470 per person, standard double room
\$1,069 per person, dormitory room

APRIL

PRICE: \$1,285 per person, standard double room
\$939 per person, dormitory room

Tax and service charge are included.



Photo: Julie Faure

Daphne Averall Housekeeping Manager

Keeping guest rooms, lobby areas, and the Sitzmark in ship shape falls in the domain of Daphne Averall. Daphne became acquainted with ski life in Little Cottonwood Canyon in 1961, when she first worked at Alta Lodge. "Back then, we had about a dozen employees and we worked six days a week," she recalls. Daphne came to Utah from Toronto, via her home in Birmingham, England when she was 19 years old. In her words, "I had always wanted to ski, and I heard Alta was the place to go if you really wanted to learn to ski." Over the years, Daphne worked at nearly every lodge in the canyon before departing to tour the world for a few years, going to Asia, Africa, Europe, the South Pacific and the Caribbean. She returned to Alta Lodge in 2002 to manage the housekeeping department. Daphne works with a staff of 10 during peak periods. When she isn't going over the Lodge with her fine-toothed comb, she can be found looking after her well-tended garden at home or succumbing to her latest travel bug.

JANUARY 9-14, 2010

Powder Tracks SKI CLINIC



Photo: Nick Rice

INCLUDES:

- Five nights lodging
- Breakfast and dinner daily
- Four days of instruction and lift tickets
- Four days of demo skis

ARRIVE: Saturday, January 9

SKI DAYS: January 10, 11, 12, 13

DEPART: Thursday, January 14

PRICE: \$2,577 per adult, double occupancy
\$3,286 per adult, single occupancy

Tax and service charge are included.



Photo: Peak Photo



Letter from Bill and Mimi

The 2008-2009 winter season is one that won't be repeated again. From an historic event with the election of our new president to a nerve shattering economic situation—the world was a very different place than it has been at the start of previous winter seasons. We are thankful that so many of you returned this winter to a place where you truly can get away from it all. For those of you who were unable to join us this winter, you were missed, and we hope you will return soon.

As we are starting the summer season, and planning for next winter, it has been raining a lot, with some bouts of snow in Alta. It snowed over 160 inches from March 22-April 4th—it could be one for the record books. We hope it will carry over to next season, and we hope you'll be here again to enjoy it.



Free Kids' Program

Family ski vacations have a long tradition at Alta Lodge, in some cases going back several generations. The Lodge is a comfortable, relaxed environment for families. The free Kids' Program is especially suited for kids ages 4 to 11, but all ages are welcome. (Kids under the age of four do need to be accompanied by an adult.) The Kids' Program offers the following:

- After ski activities
- Special kids' dinner at 5:30 pm
- Activities after dinner
- Special holiday activities
- Morning and afternoon shuttle to and from Alta Ski School and Day Care

Babysitting services can also be arranged through the front desk staff; advance notice is recommended.

Chef's Corner

I have had the pleasure of working with Paul "Cheffy" Raddon for the last 20 years. I consider it a priceless cooking education. One of his favorite descriptions of his personal style is "cookin' without lookin'." When I hear Cheffy bellow those words, I remember to taste what I'm making, and rely a little less on the recipe. This is the best advice I can give any cook – taste as you go. With a little practice, the dish will tell you what it needs.

BLACK BEAN SOUP

2 cups dried black beans
1 small red onion, diced
1/2 cup diced celery
1/2 cup diced carrot
4 tbsp sliced garlic
1 tbsp ground cumin
1 tsp ground coriander
8 cups chicken or veggie stock
1/2 cup coarsely chopped cilantro
1/2 cup diced red onion
1/2 cup diced tomato
sour cream
3 tbsp olive oil

Makes 6 – 8 servings

Heat oil in a heavy pot over medium heat, add onion and garlic, sauté until onion is

translucent. Add celery and carrots, sauté until carrots begin to soften, add cumin and coriander to coat vegetables.

Add stock and bring to a boil.

Add black beans and reduce heat to a strong simmer. It will take up to 2 hours for the beans to soften; you may have to add more stock. Stir occasionally.

If you have an electric immersion blender, use it to semi-purée the soup to your desired thickness. You can also mash the beans with a big wooden spoon or a potato masher.

Here's where the tasting part comes in. Add salt and pepper, maybe a little more cumin, and coriander. I like a little lemon juice or splash of vinegar to brighten the taste. I usually can't resist a tiny shake of cayenne or chili powder if it's a cold winter day.

Finally, mix your diced onion, cilantro, and tomato to make a salsa fresca. Dollop a small spoonful of sour cream onto your soup and add the salsa. Remember those last few weeks in March and April. Smile, eat.

Stop by and tell us how it turned out.

– Sam Wolfe, Alta Lodge Sous Chef

Women's Ski Camp

January 21-25, 2010

"I thought the instruction was exceptional; all instructors were friendly, enthusiastic, supportive and fun to be around." – Martha F.

Now in its fourth season, this popular ski camp grows every year with enthusiastic women skiers from across the country. Instructors from Alta's Alf Engen Ski School show participants the secrets of skiing Alta's legendary terrain and snow. Camaraderie outside of skiing includes après ski at the Sitzmark Club, group dining and a women's specific skis presentation. Price includes tax and service charge.

INCLUDES:

- Four nights lodging
- Breakfast and four course dinner daily

- Three days of ski instruction and lift tickets
- Demo skis

ARRIVE: Thursday, January 21

SKI DAYS: January 22, 23, 24

DEPART: January 25

PRICE: \$2,016 per adult, double occupancy
 \$2,583 per adult, single occupancy

Tax and service charge are included.



Summer in Alta

From early June to early October, Alta Lodge is open seven days a week. When all that winter snow melts, summer brings an abundance of life to Little Cottonwood Canyon, with moose, elk, deer, and over 100 varieties of wildflowers. The Lodge serves as a base for hiking, trail running, mountain biking and photography.

During the summer season, the lodge has 42 rooms with rates ranging from \$94 - \$140 per night. Sunday Brunch is served from 9:30 am-2 pm, featuring over 50 menu items, beverage service and live jazz. Prices are \$21.95 for adults, \$12.50 for children ages 7-12 and \$5.50 for ages 6 and under. Saturday lunch is served from 11 am – 2 pm.



Photo: Bill Singleton



Weddings

Beautiful weddings in a spectacular mountain setting are especially romantic and unforgettable. The intimate and private setting, combined with easy access from Salt Lake City International Airport, make the Lodge an easy choice for brides and grooms. Special lodging rates apply for wedding guests, and Sunday Brunch is a great addition for a festive weekend. An on-site wedding planner works with couples to plan their rehearsal dinner, ceremony, dining, wedding cake and beverage service. A complimentary stay is included for the bride and groom.

Private Parties

Alta Lodge customizes every private party to the needs of the event. Family reunions, business dinners, engagement and anniversary parties are just some of the parties held at the Lodge. If you have a special event coming up, our dining, service and setting will make it memorable.



Mountain Meetings and Retreats

Imagine your next meeting in a mountain setting with natural light, fresh air and no distractions. The relaxed environment and our attention to detail create a place for focused meetings and retreats. Known for fine food and guest service, Alta Lodge hosts local and national meetings and retreats from June through October.

**For weddings, conferences,
and private parties, contact:**

Rosie O'Grady, Group Sales Manager,
801-277-3292 or rosie@altalodge.com



7th Annual Rocky Mountain Knitters' Retreat

open to all fiber artists
SEPTEMBER 25, 26 & 27, 2009

Friends of Alta

Friends of Alta, a non-profit 501(c)3, is Alta's local land trust. The mission of Friends of Alta is to protect the environment of Alta, including watershed and wildlife habitat areas; to preserve Alta's unique character and heritage; and to encourage stewardship and sustainability of Alta's environment and community. For additional information or to donate, please go to friendsofalta.org



Summer Events in Little Cottonwood Canyon

Make your Alta Lodge reservations early if you are planning to attend any of these popular events this summer.

Snowbird Mountain Music Festival
July 10-12, 2009

Wildflower Festival
July 17-19, 2009

Snowbird Rock and Blues Festival
July 24-26, 2009

Snowbird Tent Revival Gospel Music
August 14-16, 2009

Tour of Utah Pro Bike Race
Aug. 18, 2009—Stage 5 ends at Snowbird

Snowbird Hill Climb Bike Race
August 22, 2009

By late September, the kids will be back in school, you'll have survived another summer and the holidays will be fast approaching. Plan a little fall retreat for yourself with a few days of knitting in the crisp air and beauty of Little Cottonwood Canyon. Located just 40 minutes from Salt Lake City, Alta Lodge has a large sundeck where knitters can enjoy the beauty of the fall colors in the company of other knitters.

DATES: Saturday, September 26 & Sunday, September 27

PRICE: \$195 per adult, double occupancy
\$260 per adult, single occupancy

INCLUDES: One night lodging in a standard room, Saturday breakfast, lunch and dinner and Sunday Brunch.

DATES: Friday, September 25, Saturday, September 26 & Sunday, September 27

PRICE: \$345 per adult, double occupancy
\$475 per adult, single occupancy

INCLUDES: Two nights lodging, standard room, Friday dinner, Saturday breakfast, lunch and dinner and Sunday Brunch.

For those who want to join in early on Friday, there is the option to check in early and start the retreat with lunch. The early check-in with lunch is an additional \$20.

Tax and service charge are included.



Yoga Retreat

OCTOBER 9-11, 2009

Fall in the Wasatch Mountains makes the perfect time and place for our three-day yoga retreat, with Kim Lynn. The retreat begins on Friday morning and includes seven yoga sessions throughout the weekend, wrapping up on Sunday. The sessions include: sunrise pranayama, power, inversions, depth, partner, restore and meditation, and an evening Kirtan music session. Participants will also have time to hike, rest, relax and read. Sign up early, as the retreat is limited to 20 participants.

INCLUDES:

- 3 days of yoga, 2 nights lodging and meals
- Friday: Lunch and dinner
- Saturday: Breakfast, lunch and dinner
- Sunday: Brunch buffet

PRICE: \$525 per adult, single occupancy
\$425 per adult, double occupancy

Consider arriving one night early (Thursday) to participate in an evening restorative yoga practice. The additional cost is \$120/person single occupancy, \$60/person double occupancy and covers lodging Thursday night and the yoga class.

Tax and service charge are included.





Winter Wine Pairings Weekend

December 4, 5 & 6, 2009

New this winter! After four successful summer seasons of wine pairing weekends, we're adding winter to the mix. The Fisher family, of Fisher Vineyards in Santa Rosa, California, will be spending the weekend with us. The weekend starts on Friday evening with a winemaker's reception. After a day on the ski slopes, you should be ready for the Saturday evening vintner's dinner. Sunday is another ski day, meeting for lunch at the Lodge. The weekend wraps up on Sunday or you can extend your stay for additional skiing. Please check altalodge.com for update on menus and wines.

INCLUDES:

- Three nights lodging
- Breakfast and dinner daily
- Friday reception and Sunday lunch
- Selected wines at vintner's dinner

ARRIVE: December 3 or 4

DEPART: December 6 or 7

WINE PAIRINGS - PRICE:

\$797 per person, double occupancy
\$1,154 per person, single occupancy

PACKAGE PRICE WITHOUT OPTIONAL WINE SERVICE:

\$695 per person, double occupancy
\$1,053 per person, single occupancy

altalodge.com
reservations: 800-707-2582
801-742-3500
Alta, Utah

PO Box 8040
Alta, UT 84092-8040

