

## Kids Stay Free During Low Season

**NOVEMBER 17 -  
DECEMBER 15, 2008 or  
APRIL 12, 2009 - Closing**

You've got to love this family vacation: two kids ages 18 and under stay free when you stay with us for four nights or more from late November to December 15 or April 12 to closing. Breakfast and dinner are included at no charge. Read about our Free Kids' Program in this newsletter.

**PRICE: \$895 per adult, double occupancy  
\$1,370 per adult, single occupancy**

Tax and service charge included.



**NOVEMBER 26 - 30, 2008**

## Thanksgiving Package

The Thanksgiving holiday for many of our guests is an extended weekend of skiing with family and friends. Spend Thanksgiving on the mountain instead of in the kitchen, and cap it with a traditional turkey dinner prepared by Chef Paul Raddon and his staff. The rest of the weekend you can ski and enjoy yourself, while we take care of everything else.

**INCLUDES:**

- four nights lodging
- three-day Alta lift pass
- breakfast and four-course dinner daily

**ARRIVE:** Wednesday, November 26

**SKI DAYS:** November 27, 28, 29

**DEPART:** Sunday, November 30

**PRICE: \$1,063 per adult, double occupancy  
\$1,538 per adult, single occupancy**

Tax and service charge included.



# News

*Alta's Traditional Mountain Lodge*

Volume 1 Issue 3, 2008-2009



Photo: Nick Rise

## A Ski Season to Remember

Alta's 2007-2008 ski season was the kind powder skiers dream of. From October 1 to May 1, 702 inches of snow fell, with the greatest snowfall on record for the month of January—178 inches. Even by our deep standards—Alta's total winter snowfall averages 547 inches—it was an exceptional year. Dedicated Alta skiers welcomed storm after storm, and took every opportunity to return to Alta when the storms rolled in. On some days, the road crews kept the road closed all morning for avalanche control work, while skiers staying at the Lodge had the moun-

tain all to themselves, skiing run after run of untracked powder. Then there were the countless storm days when we skied fresh snow on the same runs over and over—free refills! On closing day, Alta still had a 147-inch base at mid-mountain. "This was the best skiing winter ever, and I have yet to find anyone who disputes that conclusion," said Onno Wieringa, General Manager for Alta Ski Area. We hope you got some of your best ski days at Alta this year, and we look forward to seeing you here again during the 2008-2009 season.

As backcountry skiing increases in popularity each year, many experienced alpine skiers seek an introduction to the backcountry with a guide. Alta Lodge is a gateway to legendary Wasatch backcountry skiing—accessed a few steps from our front door, or from the top of Alta via chair lift access. The program starts by acclimating with a day of skiing on your own at Alta. Exum Utah Mountain Adventures leads the two-day program of guided skiing and instruction on avalanche awareness, beacon rescue, safe route selection, efficient climbing on skins, and downhill skiing techniques. Weather and snow conditions determine ski routes. For ages 14 and older.



# Backcountry Skiing Clinic

**DECEMBER 3-7, 2008 & APRIL 1-5, 2009**

**INCLUDES:**

- five nights lodging
- breakfast and four-course dinner daily
- one Alta lift pass
- two-day guided clinic

**ARRIVE:** Wednesday, December 3, 2008 / April 1, 2009

**SKI DAYS:** December 4 / April 2:  
ski on your own at Alta to acclimate  
December 5, 6 / April 3, 4:  
ski with Exum guide

**DEPART:** Sunday, December 7 / April 5

**SKI LEVEL:** intermediate to expert;  
should be able to ski on non-groomed snow

**FITNESS:** should exercise routinely

*December Clinic*

**PRICE:** \$1,285 per person, standard double room  
\$939 per person, dormitory room

*April Clinic*

**PRICE:** \$1,459 per person, standard double room  
\$1,064 per person, dormitory room

Tax and service charge are included.

*"Genuine friendliness and professionalism of the instructors were beyond excellent. I believe I learned more in 4 days than any other experience I've had in 60+ years of skiing."*

— Bun Gladieux



**INCLUDES:**

- five nights lodging
- breakfast and four-course dinner daily
- four days of instruction and lift tickets
- four days of demo skis

**ARRIVE:** Saturday, January 12

**JANUARY 10-15, 2009**

# Powder Tracks

## SKI CLINIC

This season marks the sixth annual Powder Tracks clinic. The popular program brings skiers together for a four-day powder skiing clinic with Alf Engen Ski School instructors. Skiers will learn new techniques that make powder skiing easier and more fun; powder demo skis are included with the program. The group shares breakfast, après ski and dinner together.

**SKI DAYS:** January 13, 14, 15, 16

**DEPART:** Thursday, January 17

**PRICE:** \$2,541 per adult, double occupancy  
\$3,236 per adult, single occupancy

Tax and service charge are included.

# Early Season Tune-Up Clinic

**DECEMBER 7-11, 2008**

Get in some early season skiing and tune up your skiing skills at the same time. This three-day clinic with Alta Ski School focuses on getting skiers back on their ski legs with the right skills early on so they are ready for the rest of the season. Open to intermediate to advanced level skiers.

**INCLUDES:**

- four nights lodging
- breakfast and four-course dinner daily
- three half-day clinics
- three Alta lift passes

**ARRIVE:** Sunday, December 7, 2008

**SKI DAYS:** December 8, 9, 10

**DEPART:** December 11, 2008

**PRICE:** \$1,718 per adult, double occupancy  
\$1,243 per adult, single occupancy

Tax and service charge are included.



Photo: Gail Gilbert

### Dear Friends,

We experienced a winter this past ski season that reminded many of us why Alta has maintained its reputation for so many years as a powder mecca. It was a winter when many guests found they needed to return for second and third visits to get in more skiing.

The 2008-2009 ski season marks the 70th anniversary of Alta Ski Area. Over the years, we've seen many changes—expanded beginner and intermediate runs, Supreme and Cecret lifts, triple chair lifts, high speed quads, a new Watson Shelter, expansion of the Albion Center—just to name a few. The changes have all been good. But one thing that hasn't changed over the years is the romance of Alta—it's the place to get away from it all and enjoy the isolated beauty of the mountains. While the world may be “going to hell in a hand basket,” we like to think of Alta as a haven. We look forward to telling more tall tales (some of which are actually true), and enjoying our visits with not only our old friends, but many of our new friends as well. We're still enjoying it and hope you'll continue to do so time and again during your stay with us.

Many of our guests ask us about the unspoiled natural areas of Albion Basin, and what can be done to protect them. We appreciate and share your concern, believing as we do that these open areas are a national treasure and an important part of what makes Alta special. Over 25 years ago, we started a nonprofit organization, Friends of Alta, to preserve and protect Albion Basin. If you'd like to learn more, please visit [friendsofalta.org](http://friendsofalta.org).

### Bill and Mimi

P.S. Our new mascot, Daisy, enjoys her role greeting guests and keeping an eye on everyone with the maitre d' during the dinner hour. She has found her niche with us at the Lodge.

# Chef's Corner

Guests love our granola, and we are frequently asked for the recipe, so here it is:

## ALTA LODGE GRANOLA

- 1/2 cup butter
- 1/2 cup honey
- 1/2 cup maple syrup
- 1/2 cup apple juice

In a heavy pan, place the butter, honey, maple syrup and apple juice and cook over medium heat until the butter is melted. Set aside.

In a large bowl add and mix together the following dry ingredients:

- 5 cups rolled oats
- 1 1/3 cups coconut
- 1 cup sliced almonds
- 1/2 cup walnuts
- 1/2 cup pecans
- 1/2 cup sesame seeds
- 1/2 cup sunflower seeds

Add cooled liquid to the dry ingredients and mix all the ingredients together. Spread mixture evenly on oiled sheet trays, about 1 to 1 1/2 inches thick. Bake at 325 degrees, stirring occasionally, until golden brown (about 30 minutes). Cool before putting in a storage container.

**Free Kids' Program** For Lodge guests with small children, we offer a kids' program at no extra charge. The program is especially suited for kids ages 4 to 11, but all ages are welcome. (Kids under the age of four must be accompanied by an adult.)

The Kids' Program includes:

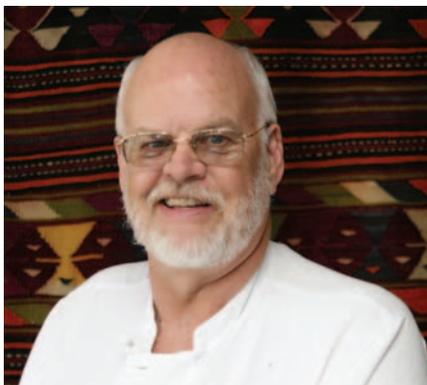
- morning and afternoon shuttle to and from Alta Day Care and Ski School
- after ski activities
- kids' dinner at 5:30 pm
- after dinner activities

Babysitting services can also be arranged through the front desk; advance notice is recommended.



# Paul Raddon: Hail to the Chef

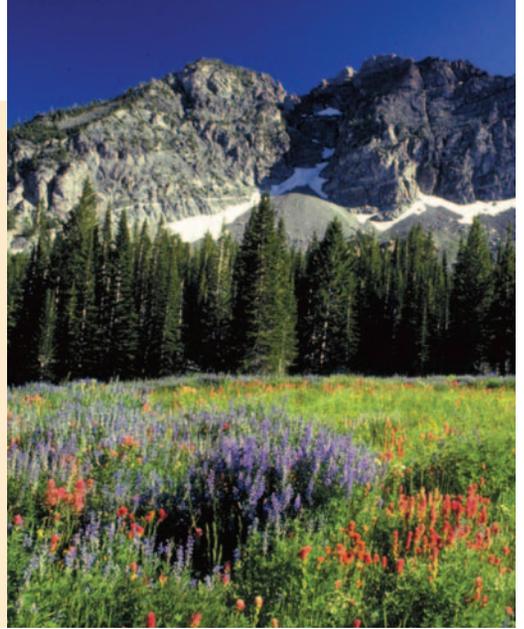
The Lodge is noted for great food, and that reputation can be credited to Chef Paul Raddon and his staff. When the Lodge is full, 140 dinners are prepared for guests, as well as a staff dinner for 55. Paul came to the Lodge in 1968 and began his cooking career under the direction of Chef Frank Menendez. He expanded his culinary skills in 1976 when the Lodge owners sent him to Europe for two months to learn Escoffier-style cooking;



this was followed by another six weeks in 1979. In the mid-1990s, while in Hawaii, Paul learned the Asian-fusion style of cooking, which combines Asian and French cooking. He has since returned to Hawaii a half dozen times. Paul calls his cooking style “eclectic” and cites some of his signature menu items—pork tenderloin with cider Bourbon sauce and cranberry chutney; panko-crusted halibut with mango vanilla bean sauce, and bison prime rib with red currant cabernet sauce. When he's not in the kitchen, Paul finds time to fly fish the nearby Provo River year round. Among his favorites places to fish are Utah's Green River, Yellowstone National Park and Hawaii. Paul reflects on why he has stayed with the Lodge for 40 years: “The Levitt family are very good people to work for—they want to provide excellence and they allow for creativity in the kitchen. Sous Chef Sam Wolfe and I have a complementary relationship and a great staff to work with.”

# Summer Season

From early June to early October, Alta Lodge is open seven days a week. When all the winter snow melts, summer brings an abundance of life to Little Cottonwood Canyon, with moose, elk, deer, and over 100 varieties of wildflowers. The Lodge serves as a base for hiking, trail running, mountain biking and photography. During the summer season, the Lodge offers 44 guest rooms, with rates ranging from \$94 - \$140 per night. Sunday Brunch is served from 9:30 am - 2 pm, featuring over 50 menu items, beverage service and live jazz. \$21.95 for adults, \$12.50 for children ages 7-12 and \$5.50 for ages 6 and under. Saturday lunch is served from 11 am - 2 pm.



## Weddings

Summer and fall weddings at Alta Lodge are spectacular. The clear, crisp mountain air and longer daylight hours, as well as convenient access from Salt Lake City and the airport, make the Lodge an ideal location for wedding parties. From complete menus and wedding cakes to an option for exclusive use of the Lodge, everything can be arranged with our wedding planners. Many wedding parties hold a Friday night rehearsal dinner and a Saturday evening wedding at the Lodge, and plan a full weekend in Alta for family and friends, topped off with Sunday Brunch together. We offer special lodging rates for wedding guests.

## Private Parties

Engagement parties, rehearsal dinners, corporate dinners, wine tasting events and family get-togethers are just a few of the types of events we host during summer season. We customize each event to meet the needs of your group.



## Conferences and Retreats

Alta Lodge hosts summer conferences and retreats from June through October for local and national business, academic and nonprofit groups. Five types of meeting rooms are available, with the largest accommodating up to 125 people. The quiet atmosphere, full-service dining, and lodging rooms provide an ideal setting for groups to remove themselves from daily distractions and focus on their meeting.



**For wedding, conference, and private party inquiries, contact:**

Rosie O'Grady, Group Sales Manager,  
801-277-3292 or [rosie@altalodge.com](mailto:rosie@altalodge.com)

# 6th Annual Knitters' Retreat

open to all fiber artists

SEPTEMBER 26, 27 & 28, 2008

Plan a weekend retreat for yourself and spend a few days of relaxed, uninterrupted knitting. The knitting retreat is a great way to get away from the noise of the city and the rush of day-to-day life. The beautiful fall season in Little Cottonwood Canyon provides a relaxing backdrop for knitters to gather and share projects and patterns around the cozy fireplace and comfortable lobby. Meals are included with your stay.

**DATES:** September 26 & 27, Saturday & Sunday

**PRICE:** \$260 per adult, single occupancy  
\$195 per adult, double occupancy

**INCLUDES:** one night lodging, standard room,  
lunch and dinner, Sunday brunch

**DATES:** September 26, 27, & 28, Friday, Saturday & Sunday

**PRICE:** \$475 per adult, single occupancy  
\$345 per adult, double occupancy

**INCLUDES:** two nights lodging, standard room,  
Friday dinner, Saturday breakfast, lunch and dinner,  
Sunday brunch

Tax and service charge are included.



JULY 12 & 13, 2008

## Wildflowers & Wine Pairings

Escape the summer heat to the cool, crisp air at Alta for a wine pairings weekend at the Alta Lodge. Two guided wildflower hikes leave the Lodge at 2 pm on Saturday afternoon, each of a different duration. Guests who are familiar with the surrounding mountains may choose to hike on their own. Following the hike, guests will have time to refresh themselves prior to the wine pairings. At 6 pm, guests will reconvene for the first course and two of nine wine pairings that will be served that evening. Dinner commences at 7 pm, with five more courses, including three demi-entrées and seven wines. A sommelier will guide diners through the evening of pairings.

On Sunday morning guests can enjoy the Sunday Brunch buffet, served from 9:30 am-2 pm.

**INCLUDES:**

- Guided hike (optional)
- Dinner
- Wine pairings (optional)
- Overnight lodging (Saturday)
- Sunday Brunch

**PRICE:** Rates for a standard double occupancy room begin at \$125 per person, plus \$30 per person for optional wine pairings.

## Yoga Retreat with Kim Lynn

FOR ALL ABILITIES • OCTOBER 10, 11 & 12, 2008

The cool weather of fall in the Wasatch makes the perfect time and place for our three-day yoga retreat, with Kim Lynn. The retreat begins on Friday morning and includes seven yoga sessions throughout the weekend, wrapping up on Sunday. The sessions include: sunrise pranayama, power, inversions, depth, partner, restore and meditation, and an evening Kirtan music session. Participants will also have time to hike, rest, relax and read. Group size is limited to 20. The price includes tax and service.

**INCLUDES:**

- 3 days of yoga, 2 nights lodging and meals
- Day 1: lunch and dinner
- Day 2: breakfast, lunch and dinner
- Day 3: Sunday Brunch

**PRICE:** \$495 per adult, single occupancy  
\$395 per adult, double occupancy

Tax and service charge are included.





# Women's Ski Camp

JANUARY 22-26, 2009

*"I thought the instruction was exceptional; all instructors were friendly, enthusiastic, supportive and fun to be around." – Martha F.*

For intermediate to advanced level skiers, this ski camp just for women places an emphasis on skill improvement and camaraderie. During the three-day camp, participants can expect to improve their skiing ability and self-confidence on skis so they can advance to exploring Alta's legendary terrain. Women-specific demo skis are included. For women ages 18 and older.

**INCLUDES:**

- four nights lodging
- breakfast and four-course dinner daily
- three days of ski instruction and lift tickets
- demo skis

**ARRIVE:** Thursday, January 22

**SKI DAYS:** January 23, 24, 25

**DEPART:** Monday, January 26

**SKI LEVEL:** intermediate – advanced

**FITNESS:** should exercise routinely

**PRICE:** \$1,993 per adult, double occupancy  
\$2,549 per adult, single occupancy

Tax and service charge are included.

[altalodge.com](http://altalodge.com)

reservations: 800-707-2582

801-742-3500

Alta, Utah

PO Box 8040  
Alta, UT 84092-8040

